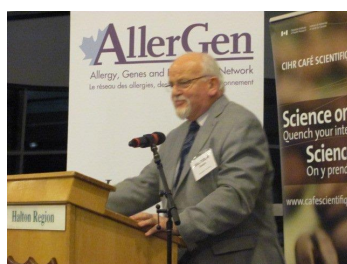


Preventing children's seasonal asthma spikes: What parents, teachers and the public need to know

Parents and educators reported that AllerGen's public forum on seasonal asthma spikes delivered "excellent" information from a "vast array" of expert speakers.

Thank you to our expert speakers and all who attended the public forum *Preventing children's asthma spikes: What parents, teachers and the public need to know*, held on November 29, 2012 at the Halton Regional Centre.



Dr. Malcolm Sears, professor at McMaster University and director of the CHILD Study, describes the science behind the September asthma spike.

Please note:
The information presented at this event is not a substitute for medical care or the advice of your physician.

Do you have an idea for a future public forum?
Let us know!

Contact:
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RESEARCH SUMMARY

Understanding the September asthma epidemic

Research has shown that 20-25% of asthma attacks requiring hospitalizations and physician visits in school-age children occur in September. Emergency room visits during this time can take children out of the classroom at critical points in the school year, cause family members to miss work, and place significant pressure on the healthcare system.

**Why causes the September asthma spike?
What can we do to prevent it?**

Panellist Dr. Malcolm Sears co-authored the study.

[Click here](#) to read a summary of the research findings.

Tips for managing asthma and allergies this spring

Depending on the season, asthma symptoms can vary due to changing environmental triggers such as mold or pollen. About 75% of people with asthma also suffer from allergies, making spring a challenging season for those who suffer from allergic asthma or seasonal allergies.

The Asthma Society of Canada offers season-specific tips for managing asthma and allergies. Get more information at www.4seasonsofasthma.ca/spring_intro.php



Approximately 75% of people with asthma also suffer from allergies.

Resources for preventing seasonal asthma spikes

Ontario Lung Association: <http://www.on.lung.ca/septspike>

Certified Respiratory Educators are available by phone 1-888-344-LUNG or email info@on.lung.ca to for any questions regarding asthma and the seasonal asthma spike.

Asthma Society of Canada: <http://www.asthma.ca/adults/control/septemberPeak.php>

Information for teachers, caregivers and children on the September asthma peak. Resources are also available for creating an Asthma Plan of Action and how to manage symptoms

Event Photos



Expert panellists provide information regarding the September asthma spike.



Chris Haromy reviews Canadian Lung Association resources for asthma in children.



Dr. Susan Waserman discusses asthma and allergies in children.



Julia Brdarevic discusses the Public Health School Asthma Program (Halton).



During the break, audience members mingle and review resources.



Dr. Judah Denburg moderates discussions & questions at the forum.

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Website: www.allergen-nce.ca

Thank you to our partners for their support in this event!



We would like to acknowledge the CIHR Institute of Infection and Immunity for their support.

For questions, comments, or to be removed from the mailing list, please contact kimwright@allergen-nce.ca